

Motorcycle Safety Riding Tips

Make Motorcycle Riding Safety Your Top Priority

BMW Motorrad Club
Central, ZA



Use a helmet with a face shield or protective eyewear

- Make sure your helmet fits properly. It shouldn't be too tight or too loose. It shouldn't obstruct your vision, but it should cover most of your head. For more protection, opt for a full-face helmet with protection all the way around. A simple windshield can at least protect your face from bugs, rocks and rain, but a full-face helmet will have a piece that goes around your chin, so your face won't make contact with the road.





Full Face – Best Overall Protection



3/4 Face – No Chin Protection



Imagine this was your skull!

Wear appropriate gear

- Make sure to wear protective gear and clothing that will minimize the amount of injuries in case of an accident or a skid. Wearing protective Jackets, Trousers and boots with non-skid soles, and gloves can protect your body from severe injuries.



**Visibility –
Protection - Comfort**



**Hands are normally the
first to suffer**



Protect your A\$\$



Follow traffic rules

- Obey the speed limit; the faster you go the longer it will take you to stop. Be aware of local traffic laws and rules of the road.



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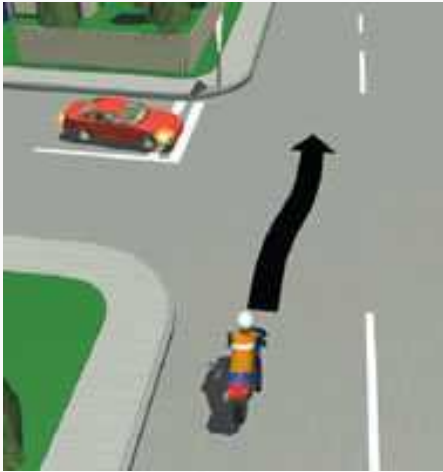


Ride defensively

- Don't assume that a driver can see you, as nearly two-thirds of all motorcycle accidents are caused by a driver violating a rider's right of way.
- You should always ride with your headlights on; stay out of a driver's blind spot; signal well in advance of any change in direction; and watch for turning vehicles.

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**Increase your distance
from other vehicles at
intersections**



**Keep clear of parked
vehicles**



**Don't ride in a driver's blind
spots**



**Be sure the driver of
the turning vehicle
has seen you**

BE VISIBLE

Keep your riding skills honed through education

- Complete a formal riding education program, and take riding courses from time to time to develop riding techniques and to sharpen your street-riding strategies.



Be awake and ride sober

- Don't drink and ride, you could cause harm to yourself and others.
- Additionally, fatigue and drowsiness can impair your ability to react, so make sure that you are well rested when you hit the road.

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**You drink. You ride.
You crash. You die.
Your wife's new "friend"
gets your bike.
Bummer.**



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